

## The Way of the Ninja

Centuries ago, the art of ninjutsu developed during a time of war. The main purpose of this particular form of fighting was to allow the fighter to live a life free of fear. Over time, the art of ninjutsu developed a set of principles for its followers to live by. The 3 main principles are:

1. **You cannot control your environment but you can control yourself.** Every situation presents an opportunity to stay calm and push forward no matter how stressful or frustrating things may seem.
2. **There's something to be learned from everything.** The only thing that separates failures from successes is the mindset of the person involved.
3. **The only way to conquer an activity is to do it to the best of your ability.** Excellence in practice is expected at all times.

This year in 5th grade you will begin your journey to become a Black Belt Ninja Warrior. By following the principles above, this will be the best year you have ever had in elementary school. The Fifth Grade Team looks forward to celebrating your victories.

~The Fifth Grade Team 2018-2019

